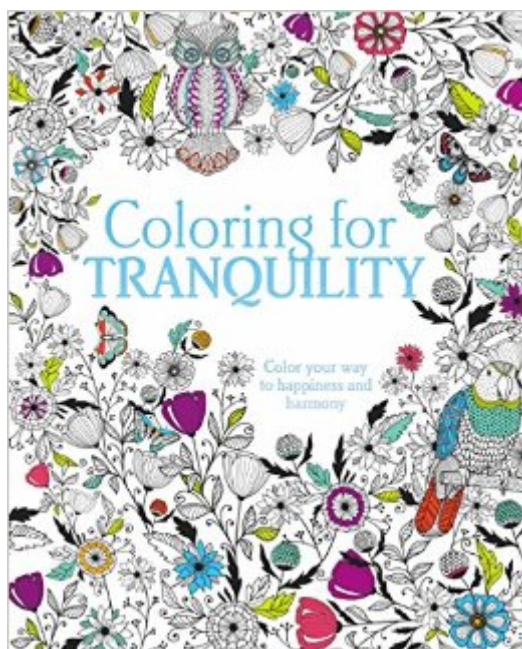


The book was found

# Coloring For Tranquility



## Synopsis

Adult coloring books are all the rage and this book is designed specifically to help you color your way to a more peaceful and tranquil state. The beautiful calming art patterns promote a sense of mindfulness, and the act of coloring relieves stress and can be both creatively stimulating and help you achieve a Zen-like state of mind as well.

## Book Information

Paperback: 288 pages

Publisher: Parragon Books Ltd; Clr edition (October 27, 2015)

Language: English

ISBN-10: 1474817424

ISBN-13: 978-1474817424

Product Dimensions: 8.5 x 0.7 x 10.6 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 starsÂ Â See all reviewsÂ (10 customer reviews)

Best Sellers Rank: #276,603 in Books (See Top 100 in Books) #82 inÂ Books > Arts & Photography > Drawing > Colored Pencil #174 inÂ Books > Arts & Photography > Drawing > Pencil #1940 inÂ Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups

## Customer Reviews

There are a lot of patterns in this book and not as many regular pictures but if you like a challenge and want something that will take awhile this is it. I attached a picture of some examples from the book.

This is my first adult coloring book and I'm truly enjoying it. My favorite thing about the book is that it has a variety of pictures. Whether I feel like coloring flowers, shapes, or other designs there's a picture in here for any mood I'm in. There are more floral designs than anything though so if that's not your thing I wouldn't recommend this particular book.

This coloring book has quickly become my favorite. There is wide variety of designs and difficulty which allows you to choose how much attention to detail if you want to pay. The paper is thick and I have had no issues with bleed through from gel pens.

One of the worst coloring books ever. The pages started coming out after looking through it the first

time. Some of the images are printed so off center that part of the picture is in the margin. Images are stock images printed on both sides of the page and the book was slightly warped when I got it. There weren't as many nature images as the front cover would suggest. There were a lot of geometric type of images of lines and waves. That's not the type of things I like to color. This book will be going back.

Sadly disappointed that most of the pictures are centered on the middle binding making it impossible to color in the book, and cutting them out would make you lose part of the picture.

[Download to continue reading...](#)

Verses for Men: Color The Bible: Adult Coloring Books Stress Relieving Patterns & Mens Coloring Books Best Sellers Coloring Books & Adult Coloring ... Sets Animals Flowers Creativity Tranquility) Coloring for Tranquility Tranquility (Keepsake Coloring) The Path to Tranquility: Daily Wisdom (Compass) Tranquility: The Piano Solos of Phil Coulter Magical Unicorns and Fairies: Adult Coloring Book: Unicorn Coloring Book, Fairy Coloring Book, Fantasy Coloring Book, Fairies Coloring Book, Adult Coloring Book Grayscale Adult Coloring Books Gray Faces: Coloring Book for Grown-Ups Grayscale Coloring Books) (Photo Coloring Books) (Fantasy Coloring Books) Grayscale Animals) (Animal Coloring Books) (Volume 1) Back to the 80s: 1980s Fads and Fashion Coloring Book: Adult Coloring Books Fashion, 80s Coloring Book, 1980s Coloring Book, Fashion Coloring Book ... Fashion Coloring Book for Adults) (Volume 1) #Me #Coloring Book: #ME is Coloring Book No.5 in the Adult Coloring Book Series Celebrating Ideas to Live By (Coloring Books, Coloring Pencils) ... Series of Adult Coloring Books) (Volume 5) #Love #Coloring Book: #Love is Coloring Book #1 in the Adult Coloring Book Series Celebrating Love and Friendship (Coloring Books, Coloring Pencils) ... Series of Adult Coloring Books) (Volume 1) Adult Coloring Book: 50 Halloween Coloring Pages, Coloring Books For Adults Series By ColoringCraze.com (Adult Coloring Books, Creative Zentangle ... Coloring Books For Grownups) (Volume 11) Nautical: Ocean Coloring Books in all Departments; Adult Coloring Books Ocean Life in al; Coloring Books for Adults Ocean Animals in al; Coloring ... in al; Coloring Books for Adults Disney in al Creative Oceans Coloring Book: Adult Coloring Book of Stress Relief Sea Animal Patterns and Designs (Ocean Coloring Book, Lost Ocean, Stress Relief Coloring Book, Anti Stress Coloring Book) (Volume 1) MINDFULNESS Coloring Book: Relaxation Series : Coloring Books For Adults, coloring books for adults relaxation, coloring book for grown ups, COLORAMA Coloring Book (Volume 1) #Mandalas Coloring Book: #Mandalas is Coloring Book No.6 in the Adult Coloring Book # Series Celebrating Mandalas (Coloring Books, Stress Relief, ... Series of Adult Coloring Books) (Volume 6) #Food #Coloring Book: #FOOD is Coloring

Book No.7 in the Adult Coloring Book Series Celebrating Foods, Snacks & Treats (Coloring Books, Foods, ... Series of Adult Coloring Books) (Volume 7) #Chalkboard #Coloring Book: #Chalkboard is Coloring Book #4 in the Adult Coloring Book Series Celebrating #Love and #Friendship (Coloring Books, ... Series of Adult Coloring Books) (Volume 4) #Women #Coloring Book: #Women is Coloring Book No.8 in the Adult Coloring Book Series Celebrating Women (Coloring Books, Women, Shopping, Gifts for ... Series of Adult Coloring Books) (Volume 8) Summer Time Summer Vacation at the Beach Coloring Book: Coloring Books for Adults Ocean Life in al; Adult Coloring Books Nautical in al; Coloring ... Best Sellers in al; Disney Coloring Books Balance and Calm: Adult Coloring Book Art Therapy for Grownups (Adult Coloring Books, Balance Coloring Book, Calm Coloring Book) (Volume 1)

[Dmca](#)